

**Norsk Hypertensjonsforening**  
Stiftet 1987

**“Vintermøtet”, Oslo, 30.01.2025**

**The Biannual Scientific Winter Meeting of the Norwegian Society of Hypertension (Norsk Hypertensjonsforening, NHF), OUS Ullevål, Store Auditorium, Building No. 6 (Midtblokken), Thursday, January 30<sup>th</sup>, 2025**

08:30-09:00 Registration (name and email for receiving proof of attendance)

09:00-09:10 **Welcome and opening remarks** Hans-Peter Marti (Bergen, Chair NHF)

09:15-10:45 **ABSTRACT SESSION**

Chairs: Hans-Peter Marti (Bergen) and Bård Waldum-Grevbo (Oslo)

09.15-09.30 **Effects of valsartan vs amlodipine on the incidence of end-stage kidney disease in high-risk hypertension: The VALUE Trial.** Eirik Olsen, Kenneth Jamerson, Roland E. Schmieder, Camilla L. Søråas, Julian E. Mariampillai, Giuseppe Mancina, Sverre E. Kjeldsen, Sondre Heimark, Maria H. Mehlum, Knut Liestøl, Anne C. K. Larstorp, Lene V. Halvorsen, Aud Høieggen, Michel Burnier, Morten Rostrup, Michael A. Weber (Trondheim, Ann Arbor, Erlangen, Oslo, Milano, Lausanne, New York)

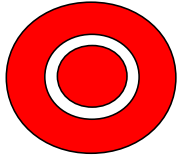
09.30-09.45 **Effects of achieved lower blood pressure on the incidence of end-stage kidney disease: The VALUE Trial.** Eirik Olsen, Kenneth Jamerson, Roland E. Schmieder, Camilla L. Søråas, Julian E. Mariampillai, Giuseppe Mancina, Sverre E. Kjeldsen, Sondre Heimark, Maria H. Mehlum, Knut Liestøl, Anne C. K. Larstorp, Lene V. Halvorsen, Aud Høieggen, Michel Burnier, Morten Rostrup, Michael A. Weber (Trondheim, Ann Arbor, Erlangen, Oslo, Milano, Lausanne, New York)

09.45-10.00 **Low Achieved Systolic Blood Pressure Related to Kidney Protection in Diabetic and Non-Diabetic High-Risk Hypertensive Patients.** Eirik Olsen, Camilla L. Søråas, Roland E. Schmieder, Kenneth Jamerson, Giuseppe Mancina, Thomas M. MacDonald, Sondre Heimark, Maria H. Mehlum, Knut Liestøl, Anne C. Larstorp, Julian E. Mariampillai, Lene V. Halvorsen, Aud Høieggen, Rune Mo, Morten Rostrup, Sverre E. Kjeldsen, Michael A. Weber (Trondheim, Oslo, Erlangen, Ann Arbor, Milano, Dundee, New York)

10.00-10.15 **Organ damage in pre- and postmenopausal women with overweight and obesity.** A. Šelmytė-Besusparė, H. Halland, H. Midtbø, G. Kararigas, E. Kringeland, P Methlie, E. Gerds (Bergen, Reykjavik)

10.15-10.30 **Factors associated with cardiac organ damage in young adults with cryptogenic ischemic stroke: The SECRETO Study.** Rune Krogh Eilertsen, Helga Midtbø, Ulrike Waje-Andreassen, Dana Cramariuc, Rasmus Bach Sindre, Nicolas Martinez-Majander, Juha Sinisalo, Jukka Putaala, Eva Gerds. (Bergen, Stavanger, Helsinki)

10.30-10.45 **Cardiac Troponin-T and N-terminal Pro-B-Type Natriuretic Peptide Related to Blood Pressure and other Clinical High-Risk Factors in Patients using at least two**



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**Antihypertensive Agents in the IDA Study.** Oliver Fagerli Hoff, Lene V. Halvorsen, Camilla L. Søråas, Arleen Aune, Eirik Olsen, Karl Marius Brobak, Ola U. Bergland, Stine Rognstad, Eva Gerds, Rune Mo, Marit D. Solbu, Mimi S. Opdal, Sverre E. Kjeldsen, Morten Rostrup, Aud Høieggen, Anne Cecilie K. Larstorp. (Oslo, Bergen, Trondheim, Tromsø)

#### **INVITED SPEAKER – STATE-OF-THE-ART LECTURE**

Chairs: Anne Cecilie Larstorp (Oslo) and Ester Kringeland (Bergen)

10:45-11:30 **Bruken av biomarkører med spesielt fokus på NT-pro-BNP til å identifisere høyrisikopasienter for å "individualisere" pasient behandlingen.** Prof. Michael Hecht Olsen (Odense)

11:30-11:45 Discussion

11:45-12:45 Break. Lunch buffet for speakers and members of the society

#### **INVITED SPEAKER – STATE-OF-THE-ART LECTURE**

Chairs: Marit Solbu (Tromsø, Vice-Chair NHF) and Hans-Peter Marti (Bergen)

12:45-13:30 **Semaglutide (GLP-1 RA) en ny søjle i behandlingen af hjertekar og nyresygd.** Prof. Peter Rossing (Copenhagen)

13.30-13.45 Discussion

#### **13.45-15:30 ABSTRACT SESSION**

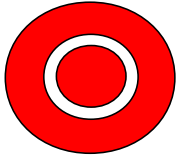
Chairs: Camilla L. Søråas (Oslo) and Bård Waldum-Grevbo (Oslo)

13.45-14.00 **Spatial transcriptomics can differentiate stable from progressive hypertensive nephropathy.** Tony Jialiang Chen, Jessica Furriol, Lea Zoe Landolt, Stein Ivar Hallan, Marius Altern Øvrehus, Thomas Knoop, Andreas Scherer, Øystein Eikrem, Hans-Peter Marti. (Bergen, Trondheim, Kontiolahti)

14.00-14.15 **A prototype photoplethysmography-based cuffless device shows promising results in tracking changes in blood pressure.** Christine Hove, Frode Wirum Sæter, Alexey Stepanov, Kasper Gade Bøtker-Rasmussen, Trine M. Seeberg, Espen Westgaard, Sondre Heimark, Bård Waldum-Grevbo, Jonny Hisdal, Anne Cecilie K. Larstorp (Oslo, Bærum)

14.15-14.30 **Comparison of a cuffless and a conventional oscillometric cuff-based device for night-time blood pressure monitoring in adults.** C. Hove, A. Stepanov, K. G. Bøtker-Rasmussen, E. Westgaard, S. Heimark, B. Waldum-Grevbo, T. M. Seeberg, A.C.K. Larstorp. (Oslo, Bærum)

14.30-14.45 **A direct comparison of two objective methods for detection of non-adherence in patients with uncontrolled hypertension.** Ida R. B. Hamsund, Bård E. Waldum-Grevbo. Aud Høieggen, Amin Amro, Nina Olsvold, Lene V. Halvorsen. (Oslo)



14.45-15.00 **Characteristics of adherent and non-adherent patients with hypertension in a Norwegian cross-sectional study.** Eirik Olsen, Lene V. Halvorsen, Stine Rognstad, Arleen Aune, Karl Marius Brobak, Ola Undrum Bergland, Knut Liestøl, Marit Solbu, Rune Mo, Eva Gerdts, Morten Rostrup, Sverre E. Kjeldsen, Aud Høiegggen, Mimi S. Opdal, Anne Cecilie K. Larstorp, Camilla L. Sjøraas. (Trondheim, Oslo, Bergen, Tromsø).

15.00-15.15 **Can serum concentration measurements of antihypertensive drugs improve blood pressure control: a multicenter randomized controlled trial.** Lene V. Halvorsen, Camilla L. Sjøraas, Anne Cecilie K. Larstorp, Ola Undrum Bergland, Karl Marius Brobak, Arleen Aune, Eirik Olsen, Stine Rognstad, Sondre Heimark, Nikolai Ravn-Aarskog, Ulla Hjørnholm, Vibeke N. Kjær, Fadl Elmula M. Fadl Elmula, Marit D. Solbu, Eva Gerdts, Rune Mo, Mimi S. Opdal, Morten Rostrup, Sverre E. Kjeldsen, Aud Høiegggen. (Oslo, Tromsø, Bergen, Trondheim)

15:30-16.15 **Debate – EUROPEAN HYPERTENSION GUIDELINES – ESH or ESC?**  
Chairs: Tonje Aksnes (Oslo), Morten Rostrup (Oslo) og Ester Kringeland (Bergen)

15.30-15.50 **Representing ESH** Sverre E. Kjeldsen (ESH Past-President, Oslo)

15.50-16.10 **Representing ESC** Eva Gerdts (ESC Chair Elect Council for High BP, Bergen)

16.10-16.15 Rebuttal Kjeldsen

16.15-16.20 Rebuttal Gerdts

16.20-16.30 Plenary Discussion

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16:30-17:00 Annual assembly and election of board (NHF members only)

17:00-18:00 Board meeting Norwegian Society of Hypertension